Happiness does not depend on what happens outside of you, but on what happens inside of you; it is measured by the spirit in which you meet the problems of life. Happiness is a state of mind. Lincoln once said: “We are happy as we make up our mind to be.” Happiness doesn’t come from doing what we like to do, but from liking what we have to do. Happiness comes from putting our hearts in our work and doing it with joy and enthusiasm. Happiness grows out of harmonious relationship with others based on attitudes of good will, tolerance, understanding and love. The master secret of happiness is to meet the challenge of each new day with the serene faith that “all things work together for those that love God.”